COMING EVENTS
Thur 29 Aug Chess Competition
Fri 6 Sep Hogwart’s Fete
Wed 18 Sep Spelling Bee

PRINCIPAL’S MESSAGE
Tomorrow our school will be hosting the Eurobodalla Learning Community Chess Competition. Teams from six other schools will compete for the winning school and individual winner’s trophies. Thanks again to Ms Collins who will be coordinating this event. Good luck to our three teams.

I am really looking forward to our special Hogwart’s Fete. Miss Wales and Ms Hudson, with great support from other staff, have prepared a fantastic day of fun and games for our students.

Before the end of term two lots of information will be forwarded to you. Every child will receive their term three report and students in Years Three and Five will also receive their NAPLAN results. As always our teachers are available to help clarify your child’s results and discuss any aspect of the reports.

Roy Counsell
Principal

KINDERGARTEN 2014
We are now taking enrolments for Kindergarten 2014. If your child is starting school next year please call into the office and pick up an enrolment form.

Our parent information session will be held on Tuesday 19 November from 11.30am-12.30pm in the school hall.

Kinder orientation sessions will be held on Tuesday 19 and Tuesday 26 November in the kindergarten classrooms from 11.30am-12.30pm.

HOGWART’S FETE – TERM 3
A reminder to all families that the Hogwart’s School Fundraiser Fete will be held on Friday, 6 September between 11.30am-1.40pm. The eldest child in each family will have brought home five raffle tickets to be sold for $2 each. Prizes include a family weekend away at the Tathra Family Park, River Lunch Cruise, $100 Nursery voucher and more. We are still looking for prize donations for stalls and the chocolate wheel, if you are able to send in any items or business donations it would be greatly appreciated.

EISTEDDFOD NEWS
Sunshine Bay School again excelled themselves with their performance in the Nowra Eisteddfod. Both junior and senior verse speaking choirs came away with a second (can’t win every year) which was respectable considering the competition this year. Once again uniforms and behaviour were outstanding and the children were a credit to our school and their parents. A small band of parents assisted with the juniors for which I am eternally grateful.

The individual verse speakers were brilliant.
Under 8’s (1st group)
Jazlyn Breust 1st
Rhian Toyer 2nd
Tayissa Brierly Highly Commended

Under 8’s (2nd Group)
Josephine Eberle 1st
Phoebe Kinnane H.C.
Holly Kinnane H.C.

11’s section
Max Eberle 2nd

Well done everyone
Tracey Bennett
2014 HIGH SCHOOL ENROLMENT FORM
On Monday students, that are attending a N.S.W. DEC High School in 2014, were supplied with a final enrolment form for parents/carers to check the accuracy of the information contained. This year there is also a new form (pages 13 and 14) that requires completion. It is hoped that all student forms will be returned to our school by the end of this week (Friday 16/7).

Many thanks,
L Holder

SUNSHINE BAY SCHOOL APP
We have recently had an App developed for the school that can be accessed by both Apple and Android products as well as online. The App has an up to date school calendar, school newsletters and the ability to send notifications. The purpose of the App is to provide parents and guardians with easy access to the school calendar and newsletter and to also enable the school to communicate reminders and notices to parents of children in particular year groups or the entire school when necessary.

A note will be sent home tomorrow with the username and password that you will need to log in to the App as well as some recommendations for use. If you have any questions or concerns please do not hesitate to contact Mrs Davis or Mrs Jackson.

STUDENT DISCOUNT CARD
If your family or you know of a family who may be holidaying on the Gold Coast and visiting the theme parks these upcoming holidays, we have student discount cards available in the office if you would like to call in and pick them up. These cards have been kindly donated to us for Sea World in association with our fete.

SPORTS NEWS
Four of our students attended the Regional Athletics Carnival at Bruce Stadium in Canberra. They were Sam Reedy, Anthony Bertosa, Justin Boyles and Georgia Keller. The children all competed well with Anthony coming 6th overall in the 13 years 100m final. Although the competition was very strong, it was a great experience for them. Congratulations on being excellent ambassadors for our school.

Tennis continues this term for stage two and there are some very excited stage one children who have now started tennis for sport on Wednesdays.

CANTEEN NEWS
August /September Canteen Roster
<table>
<thead>
<tr>
<th>Date</th>
<th>Roster</th>
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<tbody>
<tr>
<td>Wed 28</td>
<td>Maria Hulm</td>
</tr>
<tr>
<td>Thur 29</td>
<td>Lud</td>
</tr>
<tr>
<td>Fri 30</td>
<td>Janine</td>
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<tr>
<td>Mon 2 Sept</td>
<td>Carol/Janine</td>
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<td>Tues 3</td>
<td>Janine/Maureen</td>
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<td>Wed 4</td>
<td>Emily</td>
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<td>Thurs 5</td>
<td>Lud/Maureen</td>
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<td>Fri 6</td>
<td>Janine/Maureen/Maria/Jeni Adams</td>
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<td>Mon 9</td>
<td>Carol/Janine</td>
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<td>Tues 10</td>
<td>Janine/Maureen</td>
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<td>Wed 11</td>
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<td>Thurs 12</td>
<td>Lud/Maureen</td>
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<td>Fri 13</td>
<td>Janine</td>
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Lucky Lunch Order Winner is Myles Kay KD

HARRY POTTER FETE
MENU
Friday 6 Sept

HARRY’S HOT PIES $2.50
HOGWARTS HOT DOGS $2.50
SLITHERINE SAUSAGE ROLLS $2.50
All drinks flavoured milk, juice boxes or soft drink are $1.50

Please pre order infants only- by Friday the 30 August- all other years can purchase over the counter.

EXCURSIONS
Year 3/4 excursion to Katoomba, 19–22 November. Cost yet to be finalised.
Year 5/6 excursion to Lightning Ridge, 21–25 October. Full payment $410 MUST BE PAID by Friday 13 September.
Batemans Bay High School regularly emails S.B.P.S. their newsletter so we can keep up to date with the wonderful learning opportunities they provide our ex-students and also their progress. Their last newsletter contained this article that is worth reading.

**B.B.H.S. PRINCIPALS REPORT**

**RESILIENCY ROBBERS**

This week I reprint in full an article written by Michael Grose, parenting educator from a publication called Insights. Michael presents seven ways parents can reduce their child’s resiliency – the ability to cope with the world and bounce back when the going gets tough.

All parents have the best of intentions when raising their children. However, wanting what is best for their children can cause some parents to make decisions that are not always in their children's long term best interests.

If you accept the line that the promotion of resilience is in the best interests of kids, then check out the following common parenting mistakes that reduce children's resilience.

**Robber #1: Fight all their battles for them**

There is nothing wrong with getting into bat for them when kids struggle or meet with difficulty inside or outside school but make sure this is the last resort, not the first option. Resilience builder #1: Give kids the opportunity to develop their own resourcefulness.

**Robber #2: Make their problem, your problem**

Sometimes parents can take too much responsibility for issues that are really up to children to work out or decide. Here’s a clue if you are wondering what I am talking about: a jumper is something a mother puts on her son when she is cold! Resilience builder #2: Make their problem, their problem.

**Robber #3: Give kids too much voice**

In this era of giving children a voice it is easy to go overboard and allow them too much of a say in what happens to them. Kids will often take the easy option to avoid hard or unpleasant situations. Resilience builder #3: Make decisions for kids and expect them to adjust and cope.

**Robber #4: Put unrealistic or relentless pressure on kids to perform**

Expectations about success and achievement are important. Too low and kids will meet them. Too high and kids will give up. Too much pressure and kids can experience anxiety. Resilience notion #4: Keep expectations in line with your child’s abilities and don’t put excessive pressure on them.

**Robber #5: You let kids give in too easily**

Resilient learners link success with effort. They don’t give up because they don’t like a teacher or when confronted with multi-step or more complex activity. Similarly, they don’t quit a sports team half way through the season because the team is not winning or they are not enjoying it. Resilience builder #5: Encourage kids to complete what they have started even if the results aren't perfect.

**Robber #6: Don’t develop independence**

Don't wait until they are teenagers to develop the skills of being independent. Start early and promote a broad skill set so that they can look after themselves if you are not around. Resilience builder #6: Don't routinely do for kids what they can do for themselves.

**Robber #7: Rescue kids from challenging or stretch situations**

There are many times kids are put in situations that are outside their comfort zone for a time. For instance, giving a talk, singing at the school concert or going on school camp may be challenging for some kids. They are all situations that kids can usually cope with, so show your confidence in them and skill them up rather than opt them out. Resilience builder #7: Facing challenges enables kids to grow and improve.

Neil Simpson
Principal